

THE PEAK

MALAYSIA

2/2022

www.thepeak.com.my

*Women
We Love*





THE ORIGINAL FX MAYR CLINIC, AUSTRIA

Originally owned by the British Royal Family and used as a holiday home, The FX Mayr Clinic is built directly on the shores of Lake Wörthersee. The FX Mayr Cure created by Dr Franz Xaver Mayr is a medical concept developed through years of medical study and targeted observation. FX Mayr

focuses on treatments based on four pillars: diagnostics, medicine/therapy, detox and regeneration. Quality, up-to-date medicine and excellent food of the finest international standards are prioritised here.

Two programmes are offered here - The Mayr Basic and The Mayr Classic. Both include diagnostic analysis, medical examinations and detox. Other modules include Deep Detox and Intensive Weight Loss. There is also the opportunity to select a personalised tailored programme encompassing overall concepts of nutrition, exercise and therapy, which include Applied Kinesiology Tests, Acupuncture and Neural Therapy. There are also special treatments that strengthen the immune system through eating habits training, Kneipp therapy for stimulating blood





circulation, maintaining acid-alkaline balance, metabolic residues, waste and excess acid.

Massage is offered to promote relaxation, while nutrition programmes focus on healthy balanced diets. The FX Mayr Cure Coach is a facility that focuses on physical,

mental and emotional development through fasting, healing and silence. Issues that are usually not given enough time are allowed space to create opportunities to find your sense of self again, to respect and perceive yourself in a new light. www.original-mayr.com